

Advantages of Q-Gel TS™ Over Other Coenzyme Q₁₀ Supplements

1. Q-Gel TS™ provides about 300% + higher CoQ₁₀ serum levels than conventional dosage forms. *
2. Regular CoQ₁₀ has an absorption rate of only about 10%. Tablets, dry capsules, and even oil based capsules (softgels) were tested and were shown to deliver similar low absorption rates*
2. Q-Gel TS™ at recommended dosages achieves therapeutic levels of CoQ₁₀ in three weeks or less.*
4. Q-Gel TS™ is the preferred dosage form recommended by leading physicians and cardiologists.
5. Q-Gel TS™ costs substantially less (approximately half the price) than regular CoQ₁₀ supplements, based on relative bioavailability.
6. Most importantly, Q-Gel TS™ provides serum CoQ₁₀ levels that are unattainable with conventional supplements. (Look for the BIOSOLV® Technology)*
7. Q-Gel TS™ absorption is independent of composition of diet and proximity to meals. *
8. Q-Gel TS™ is the only CoQ₁₀ supplement that has undergone clinical scrutiny- including a relative bioavailability study. Additional studies/trials are ongoing. Results will be announced upon completion of these trials.
9. Since we introduced the Q Gel TS brand in 1998, better than 95% of physicians who used our other CoQ₁₀ products switched over to Q Gel TS. Many did so after they had listened to the taped seminar with cardiologist Stephen Sinatra, M.D.

* R. Chopra, R. Goldman, S. Sinatra, & H. Bhagavan, *Relative Bioavailability of Coenzyme Q10 Formulations In Human Studies*. International Journal for Vitamin and Nutrition Research

These statements have not been evaluated by the F.D.A. This product is not intended to diagnose, treat, cure, or prevent any disease.

Hollywood Health Products, Inc.
954-797-7213 or 800-330-0635

BENEFITS OF COENZYME Q₁₀

Coenzyme Q10 was originally named *Ubiquinone* because it is found in each and every cell in the human body, predominantly in the mitochondria.. It is a cofactor in the electron transport, which is necessary for the production of ATP and therefore, energy. It is evident that our levels decline with age and may be one reason why so many of the elderly suffer from sub-optimal health and aging. The concentration of CoQ10 is greatest in the heart, which requires a constant energy supply to maintain it's continuous rhythm. Without that energy supply, heart disease may develop in many forms. Cardiac biopsies done on patients with heart disease showed that 50-75% of the people tested had a deficiency of CoQ10. Keep in mind that all tissues requiring increased energy output will be most susceptible to deficiencies in CoQ10. Deficiencies can occur for several reasons: nutritional deficiencies impair CoQ10 synthesis, genetic or acquired defect in CoQ10 synthesis, or increased tissue need as a result of a particular medical condition or stress. This deficiency has been linked to other disorders such as Parkinson's, Huntington's and Alzheimer's disease.

Several medical doctors have reported amazing results. Reports have concluded that CoQ₁₀ is beneficial in:**

- 1. Relieving and reversing certain heart diseases.**
- 2. Decreasing recovery time after heart surgery.**
- 3. Preventing or reversing the side effects of Adriamycin.**
- 4. Weight-loss by stimulating more efficient energy production.**
- 5. Preventing or reversing periodontal disease.**
- 6. Boosting the immune system.**
- 7. Enhancing athletic performance.**
- 8. May help prevent sudden death due to depletion of CoQ₁₀ during extensive physical exertion (as in athletic endurance/performance).**
- 9. Relieving symptoms of Chronic Fatigue Syndrome.**
- 10. Preventing oxidative damage.**
- 11. Increasing stamina and vigor.**
- 12. Reducing blood pressure.**

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** " The CoQ10

Phenomenon" S. Sinatra, MD

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